

The relevant laws, and how they affect decision-making rights. It also clarifies the concept of mental capacity as it relates to giving a power of attorney and making property and personal care decisions.

**Availability for loan:**

GV 176 B38 2004 Health Information & Wellness Centre, both locations  
346.029 BES Mississauga Library System

**COMMUNITY RESOURCES**

**Advocacy Centre for the Elderly**  
(legal clinic for low income seniors)  
416-598-2656

**Alzheimer Society of Ontario**  
416-967-5900

**Consent and Capacity Board**  
416-327-4142  
Toll-free: 1-866-777-7391

**Lawyer Referral Service**  
416-947-3330

**Office of the Public Guardian and Trustee**  
(to obtain Power of Attorney kits)  
416-314-2800  
Toll-free: 1-800-366-0335

**Ontario Seniors' Secretariat**  
Toll-free 1-888-910-1999 (Ontario only)  
TTY: 1-800-387-5559 (Ontario only)

For additional information on this topic, see our HealthFinder titles **When Someone is Dying and Caregiving**

**CONTACT**

**Health Information & Wellness Centres**

**Trillium Health Centre - Mississauga**  
100 Queensway West  
Mississauga L5B 1B8  
905-848-7511

**Trillium Health Centre - West Toronto**  
150 Sherway Drive  
Toronto M9C 1A5  
416-521-4187

Email: [hiwc@thc.on.ca](mailto:hiwc@thc.on.ca)  
<http://www.trilliumhealthcentre.org/health>

**Mississauga Library System**  
905-615-3500 (for book locations)  
<http://www.mississauga.ca/portal/residents/library>

**Toronto Public Library**  
416-393-7131 (for book locations)  
<http://www.torontopubliclibrary.ca>

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This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.

To support the provision of health information at Trillium Health Centre, we have developed "HealthFinders" on a variety of health topics. These serve as starting points on your quest for health information, and represent just a selection of our resources. HealthFinders are also available through our web site at <http://www.trilliumhealthcentre.org/health>

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*Life. We're in it together.*

HEALTH INFORMATION  
AND WELLNESS CENTRE

HEALTHFINDER

**Advance Care Planning**



## INTERNET SITES

### Ontario Seniors' Secretariat

<http://www.culture.gov.on.ca/seniors/english/programs/advancedcare>

The seniors' secretariat helps ensure that other sectors of government, government-funded agencies and the public are sensitized to the needs and concerns of Ontario's 1.6 million seniors. The web site provides a free, comprehensive publication *A Guide to Advance Care Planning* which may be ordered from the secretariat, viewed online, or downloaded from the site. Click on the link in the bottom right hand column to do this. The publication is also available in French and Chinese.

### Ontario Ministry of the Attorney General

<http://www.attorneygeneral.jus.gov.on.ca/english/family/pgt/poa.asp>

The Ministry provides all the forms required for both power of attorney for personal care and continuing power of attorney for property. The above webpage provides telephone numbers or addresses from where these can be ordered. If you prefer to download this 21 page publication, click on the link 'Powers of Attorney and Living Wills' at the bottom of the page, and then click 'Power of Attorney Kit.'

### Caring to the End of Life

<http://www.caringtotheend.ca>

This is a superb site from the Princess Margaret Hospital regarding palliative care and end of life issues for cancer patients. There is a wealth of information regarding advance directives, power of attorney, estate planning, and related topics. To access this, click on the link Managing and Planning Ahead in the right hand column at the homepage, and then click Planning at the End

of Life from the resulting options.

### Community Legal Education Ontario

<http://www.cleo.on.ca/english/pub/onpub/PDF/health/power.pdf>

CLEO is a community legal clinic which provides legal information in clear and understandable language. It has an excellent publication *Power of Attorney for Personal Care* which can be downloaded at the site. To see other publications by this organization, go to <http://www.cleo.on.ca>

### Psychiatric Patient Advocate Office

<http://www.ppao.gov.on.ca/inf-per.html>

This organization seeks to resolve psychiatric patients' concerns according to their instructions through negotiation with hospital staff. Wherever possible, it provides support to patients to resolve their own concerns about patient care, treatment, or rights. The website provides information regarding both power of attorney for personal care, and power of attorney for property.

### Consent and Capacity Board

<http://www.ccboard.on.ca>

The CCB is an independent provincial tribunal which adjudicates matters of capacity, consent, civil committal and substitute decision making. At its web site, the Board provides a series of information sheets detailing the application process for hearings under the various relevant Acts.

### Caregiver Network

<http://www.caregiver.on.ca/cgcilg.html>

This resource centre was created to help caregivers of the elderly and ill. It provides some basic information on legal issues such as living wills and powers of attorney.

## BOOKS & DVDs

*Living Will, Living Well: Reflections on Preparing an Advance Directive* by M. Diane Godkin. Edmonton: University of Alberta Press, 2008

Clinical ethicist Dianne Godkin explores end-of-life issues and emotions that arise when a person sets out to prepare an advance directive. This useful guide also includes appendices with a sample advance directive, legislative guidelines, and educational resources.

### Availability for loan:

GV 175 G63 2008 Health Information & Wellness Centre, both locations  
362.175 GOD Toronto Public Library System

*Advance Care Planning* by Ian Anderson  
Continuing Education Program in End-of-Life Care, University of Toronto. DVD 29 min.

This is an excellent resource which has been produced in collaboration with several other organizations involved in end-of-life decisions. It covers the basic concepts involved in advance care planning by highlighting a number of common health care scenarios and their impact on individuals, families, and health care professionals.

### Availability for loan:

GV 175 I26 2006 Health Information & Wellness Centre, both locations  
Copies can also be obtained free of charge from [www.cme.utoronto.ca/acpdvd](http://www.cme.utoronto.ca/acpdvd)

*Willing and Able: a Practical Guide to Powers of Attorney in Ontario*, 2<sup>nd</sup> ed. by Jeanne Best and Dawn Dudley Oosterhoff. Belleville, ON: Essence Publishing, 2004

This is a well-organized, practical and easy-to-read guide which provides information about