

*Autism: the Road Back* (video). Ottawa: National Film Board, 2003. 55 mins.

This video charts the journeys of three families with children diagnosed with Autism Spectrum Disorder. It talks to parents, service providers and experts about assessment, diagnosis, and treatment.

**Availability for loan:**

FM 272 N28 2003 Health Information and Wellness Centre, both locations

**COMMUNITY RESOURCES**

**Autism Ontario**

Tel: 416-246-9592

<http://www.autismontario.com>

**Geneva Centre for Autism**

Tel: 416-332-7877 OR 1-866-436-3829

E-mail: [info@autism.net](mailto:info@autism.net)

**Child Development Resource Connection Peel (C.D.R.C.P)**

Tel: 905-890-9432

**Trillium Health Centre**

**Paediatric Outpatient Services**

170 Sherway Drive  
Toronto, ON M9C 1A5  
Tel: 416-521-4120

**Peel Behavioural Services**

5770 Hurontario Street  
Mississauga, ON L5B 1B8  
Tel: 905-712-4124

**Peel Infant Development**

6660 Kennedy Road  
Mississauga, ON L5T 2M9  
Tel: 905-564-7485

**CONTACT**

**Health Information & Wellness Centres**

**Trillium Health Centre - Mississauga**

100 Queensway West  
Mississauga L5B 1B8  
(905) 848-7511

**Trillium Health Centre - West Toronto**

150 Sherway Drive  
Toronto M9C 1A5  
(416) 521-4187

Email: [hiwc@thc.on.ca](mailto:hiwc@thc.on.ca)

<http://www.trilliumhealthcentre.org/health>

**Mississauga Library System**

(905) 615-3500 (for book locations)

<http://www.mississauga.ca/portal/residents/library>

**Toronto Public Library**

(416) 393-7131 (for book locations)

<http://www.torontopubliclibrary.ca>

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This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.

To support the provision of health information at Trillium Health Centre, we have developed "HealthFinders" on a variety of health topics. These serve as starting points on your quest for health information, and represent just a selection of our resources.

HealthFinders are also available through our web site at

<http://www.trilliumhealthcentre.org/health>

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*Life. We're in it together.*

HEALTH INFORMATION  
AND WELLNESS CENTRE

HEALTHFINDER

**Autism**



## INTERNET SITES

### Autism and Autism Spectrum Disorder – Peel Region

<http://www.cdrcp.com/autism.html>

This is an excellent local resource for families affected by autism or related disorders. It is part of the Child Development Resource Connection Peel site, and provides information about specific programs offered in the region. Also available at the site are helpful fact sheets, links to agencies, an events calendar, and details of financial assistance available to families.

### Autism Ontario

<http://www.autismontario.com>

This non-profit organization was formerly known as the Autism Society of Ontario. Its website offers an overview of autism and other pervasive developmental disorders, and answers some of the most commonly asked questions about the condition. There is an excellent resources page, with numerous links to articles, studies, programs, web sites, publications and more.

### Geneva Centre for Autism

<http://www.autism.net>

The Geneva Centre is a major Canadian source of training, resources and support for individuals with autism and related disorders. The website provides details of services available for children, parents, and professionals. There is also an excellent resources section, which gives access to extensive readings lists and a set of links to other relevant sites.

### Autism Society of America

<http://www.autism-society.org>

This useful web site features an "About Autism" section which presents a wealth of information

about the disorder, its treatment and its management. There is a page on education options and advice on living with autism.

## BOOKS & VIDEOS

*A Mind Apart: Understanding Children with Autism and Asperger Syndrome* by Peter Szatmari. New York: Guilford Press, 2004.

This compassionate book aims to help parents understand how their children with autism or Asperger syndrome see the world in a different way. The author has extensive experience in the field and uses stories of children he has worked with to illustrate his concepts.

#### Availability for loan:

FM 272 S92 2004 Health Information & Wellness Centre, both locations  
618.9289 SZA Mississauga Library System  
618.9289 SZA Toronto Public Library System

*Autism Spectrum Disorders: Understanding the Diagnosis & Getting Help*, 2<sup>nd</sup> ed. by Mitzi Waltz. Sebastapol, CA: O'Reilly, 2002

This book covers the entire range of autistic spectrum disorders, and is aimed at parents and caregivers who struggle with these neurological conditions that profoundly impact the life of affected children and families.

#### Availability for loan:

FM 272 W25 2002 Health Information & Wellness Centre, both locations  
618.92898 WAL Mississauga Library System

*Children with Autism: a parent's guide*, 2<sup>nd</sup> ed, edited by Michael D. Powers. Bethesda, MA: Woodbine House, 2000.

Parents of children with autism and related disorders have found this reference book a trustworthy and authoritative source of information on the condition. The second edition includes the latest diagnostic information and extensive coverage of Applied Behaviour Analysis, a relatively new intervention for autism.

#### Availability for loan:

FM 272 POW 2002 Health Information & Wellness Centre, Mississauga  
618.92898 CHI Mississauga Library System

*The Out-of-Sync Child* by Carol Stock Kranowitz. New York: Skylight Press, 2005

This book explains sensory processing disorder and presents a drug-free approach to this frequently bewildering condition. This revised edition includes new sections on vision, hearing and coexisting disorders such as autism and Asperger's syndrome.

#### Availability for loan:

FM 272 K72 2005 Health Information & Wellness Centres, both locations  
618.928 KRA Mississauga Library System

*Asperger's Huh?: a Child's Perspective* by Rosina G. Schnurr. Ottawa: Anisor, 2002

This is an excellent book for children who have Asperger's disorder. Told from the viewpoint of a 10-year old boy with the condition, it gives an insight into his world and provides coping strategies. Excellent illustrations enhance the text.

#### Availability for loan:

FM 273 S24 JUV Health Information & Wellness Centres, both locations  
618.92898 CHI Toronto Public Library System