

guide covers a number of new developments in research and clinical practice.

**Availability for loan:**

GI 310 S35 2008 Health Information & Wellness Centre, both locations  
618.92858 SEL Mississauga Library System

*Kids with Down Syndrome: Staying Healthy and Making Friends* (DVD) by Will Schermerhorn. Blueberry Shoes Productions, 2008 120 mins.

This DVD brings together parents and professionals from various countries to give an up-to-date and comprehensive guide to the health and social challenges for children with Down Syndrome from babyhood to adolescence.

**Availability for loan:**

GI 310 S24 2008 Health Information & Wellness Centre, both locations

*A Little Can Do a Lot: Steps Towards Understanding Dwarfism* (DVD) by Little People of Ontario. Toronto: Pinegrove Productions, 2006. 31 mins.

This DVD deals with the concerns of average-statured parents as to whether their children with dwarfism can have a good life and meet the challenges which lie ahead. It shows the real life experience of Little People from 5 years of age to 70 plus. Comments from medical specialists help to round out this upbeat and informative video.

**Availability for loan:**

GI 399 L76 2006 Health Information & Wellness Centre, both locations

## CONTACT

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**Mississauga Library System**  
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**Toronto Public Library**  
416-393-7131 (for book locations)  
<http://www.torontopubliclibrary.ca>

This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.

To support the provision of health information at Trillium Health Centre, we have developed "HealthFinders" on a variety of health topics. These serve as starting points on your quest for health information, and represent just a selection of our resources. HealthFinders are also available through our web site at <http://www.trilliumhealthcentre.org/health>

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*Life. We're in it together.*

# Genetic Disorders



## INTERNET SITES

### Canadian Directory of Genetic Support Groups

<http://www.lhsc.on.ca/programs/medgenet>

This directory was compiled by the Canadian Association of Genetic Counsellors, and is designed as a resource guide for families and professionals. The directory is searchable either by condition or name of support group and provides available information for a wide range of genetic conditions.

### New York Online Access to Health (NOAH)

<http://noah-health.org/en/genetic>

NOAH is a consortium of New York libraries which provides access to high-quality consumer health information. The website features an excellent section on genetic disorders, where there are links to dozens of articles and resources on a variety of conditions.

### Genetic Alliance

<http://www.geneticalliance.org>

This is a coalition of more than 600 advocacy organizations serving those affected by over 1,000 genetic conditions. The website provides links to a range of articles and relevant resources for many of these conditions. There is a database of support organizations as well as several useful publications available.

### National Organization for Rare Disorders

<http://www.rarediseases.org>

This is a federation of voluntary health organizations in the U.S. dedicated to helping people with rare diseases, many of which are genetic. The organization maintains a large database containing information on over 1,000 rare disorders, provides links to multiple resources, and makes in depth reports

available for a modest fee.

### Genetics Home Reference

<http://ghr.nlm.nih.gov>

The U.S. National Library of Medicine hosts this site which provides consumer-friendly information about the effects of genetic variations on human health. Over 300 genetic conditions are described in detail, along with descriptions of genes and chromosomes. There is a research section, glossary, and set of links to other relevant sites and organizations.

### Canadian Down Syndrome Society

<http://www.cdss.ca>

The CDSS assists families affected by this common genetic disorder through advocacy, education and the provision of information. The website includes general facts about the condition, parent stories, a newsletter, a list of support groups, and a calendar of upcoming events.

### Little People of Ontario

<http://www.lpo.on.ca>

This is a charitable organization that provides fellowship, support, and information to people of short stature and their families. Amongst other helpful links, events are listed where Little People and their families can connect with others in the same situation.

### Huntington Society of Canada

<http://www.huntingtonsociety.ca>

This is a network of volunteers and professionals who are united in the fight against Huntington Disease, an inherited brain disorder. The web site provides general information on the condition, along with access to publications, research news, and details on support systems

for affected families.

## BOOKS & DVDs

*Heredity and Hope: the Case for Genetic Screening* by Ruth Schwartz Cowan. Cambridge, MA: Harvard University Press, 2008.

The author is a supporter of genetic screening and prenatal diagnosis, and in this book she explains how these tools enable parents at risk to have children free of genetic diseases. She argues that the new forms of screening are both morally right and politically acceptable.

#### Availability for loan:

GI 240 C69 2008 Health Information & Wellness Centre, both locations

*Babies with Down Syndrome: a New Parents' Guide* 3<sup>rd</sup> ed. by Susan J. Skallerup. Bethesda, MD: Woodbine House, 2008

This important resource for parents has now been completely revised and updated. It covers daily care, family life, development, learning, medical care and many other topics affecting the lives of babies with Down Syndrome from birth to age five.

#### Availability for loan:

GI 310 S52 2008 Health Information & Wellness Centre, both locations  
616.92858 BAB Mississauga Library System

*Down Syndrome* 3<sup>rd</sup> ed. by Mark Selikowitz. Oxford, UK: Oxford University Press, 2008

This title is one of The Facts series, which offer practical advice about a condition in a clear style, written by leading authorities in the field. In addition to comprehensive information about Down Syndrome, the third edition of this valuable