

authors present such a program with the aim of preventing the conscious perception of tinnitus. This book is recommended for both patients and health care professionals involved in their care.

Availability for loan:

FI 360 K35 1999 Health Information & Wellness Centre, both locations

COMMUNITY RESOURCES

The Canadian Hearing Society

271 Spadina Road
Toronto, Ontario M5R 2V3
1-877-347-3427 **Voice**
1-877-347-3429 **TTY**
<http://www.chs.ca>

The Canadian Hard of Hearing Association

2415 Holly Lane, Ste 205
Ottawa, ON K1V 7P2
613-526-1584 **Voice**
613-526-2692 **TTY**
Toll Free: 1-800-263-8068
Email: chhanational@chha.ca
<http://www.chha.ca>

Tinnitus Association of Canada

23 Ellis Park Road
Toronto, ON M6S 2V4
Tel: 416-762-1490
Email: peter@austeneverest.com
<http://www.kadis.com/ta/tinnitus.htm>

CONTACT

Health Information & Wellness Centres

Trillium Health Centre - Mississauga

100 Queensway West
Mississauga L5B 1B8
905-848-7511

Trillium Health Centre - West Toronto

150 Sherway Drive
Toronto M9C 1A5
416-521-4187

Email: hiwc@thc.on.ca
<http://www.trilliumhealthcentre.org/health>

Mississauga Library System

905-615-3500 (for book locations)
<http://www.mississauga.ca/portal/residents/library>

Toronto Public Library

416-393-7131 (for book locations)
<http://www.torontopubliclibrary.ca>

This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.

To support the provision of health information at Trillium Health Centre, we have developed "HealthFinders" on a variety of health topics. These serve as starting points on your quest for health information, and represent just a selection of our resources. HealthFinders are also available through our web site at <http://www.trilliumhealthcentre.org/health>

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Life. We're in it together.

Hearing Loss



INTERNET SITES

Canadian Hearing Society

<http://www.chs.ca>

The CHS provides services that enhance the independence of deaf, deafened and hard of hearing people, and that encourage prevention of hearing loss. Details of their many programs and services can be found at the website, along with information for employers and businesses about how to connect to those with hearing loss. The CHS makes many of its publications available online – click on 'Information' in the left hand column and then choose 'Documents and Publications' to access these.

Canadian Association of Speech-Language Pathologists and Audiologists

<http://www.caslpa.ca>

The site of this professional association has extensive information available for the public on speech, language and hearing topics. Click on the link 'Consumers' along the top toolbar to access an excellent series of fact sheets as well as articles and links to other relevant sites.

Canadian Hard of Hearing Association

<http://www.chha.ca>

CHHA is a non-profit, self-help, bilingual consumer organization which promotes integration into society and the removal of barriers faced by those who are hard of hearing. The organization has a number of helpful publications which are available at the site at nominal cost, and a thrice yearly newsletter *Listen/Écoute* which is free to members. Click on 'Publications' on the top toolbar at the homepage to access these.

National Institute on Deafness and Other Communication Disorders

<http://www.nidcd.nih.gov>

This is an excellent U.S. site which provides comprehensive information on hearing loss. Topics include causes, communication options, noise problems, tinnitus, and a section on deafness and hearing loss in children. The NIDCD produces fact sheets on a variety of topics, which can be ordered free of charge from the web site. To access these, click on 'Health Info' on the top toolbar at the homepage.

Alexander Graham Bell Association for the Deaf and Hard of Hearing

<http://nc.agbell.org>

This association is one of the world's largest membership organizations and information centres on hearing loss. It promotes communication by the deaf and hard of hearing by the use of technology, speech, residual hearing, and written and spoken language. The site features information on hearing assessment, cochlear implants, hearing aids, and assistive listening devices.

BOOKS & VIDEOS

Mayo Clinic on Hearing ed. by Wayne Olsen.
Rochester, MN: Mayo Clinic, 2003

This book from the prestigious Mayo Clinic provides clear explanations of many common hearing problems, as well as strategies to manage hearing loss in daily life. Topics covered include parts of the ear and their function, causes of hearing loss, treatment, hearing aids, communication devices, and tips on preventing ear injury.

Availability for loan:

FI 400 O58 2003 Health Information & Wellness Centre, both locations

617.8 MAY Mississauga Library System
617.8 MAY Toronto Public Library System

Your Child's Hearing Loss: What Parents Need to Know by Debby Waldman with Jackson Roush. New York: Penguin, 2005

This volume is a valuable guide for parents of children with hearing loss. It offers practical solutions, technical information, and emotional support at a level which is clear and easy to read. Topics covered include causes of hearing loss, testing and assessment, technical advances, current research, and the role of educators and speech-language pathologists.

Availability for loan:

FI 400.5 W25 2005 Health Information & Wellness Centres, both locations
618.92098 WAL Toronto Public Library System

Hearing Loss: a Guide to Prevention and Treatment a special report by Harvard Medical School. Boston, MA: Harvard Health Publications, 2008

This report delivers practical advice and current research on hearing loss in clear, easy-to-understand language. Topics covered include the causes of hearing loss, testing, hearing aids, surgery, coping, and prevention.

Availability for loan:

FI 400 H27 2008 Health Information & Wellness Centre, both locations

Tinnitus Rehabilitation by Retraining by Bernhard Kellerhals and Regula Zogg. Basel, Switzerland: Karger, 1999

Tinnitus, or ringing in the ears, cannot presently be cured by drug treatment or other means, but sufferers can be helped by a rehabilitation program. Based on scientific evidence, the