

**Availability for loan:**

FG 250 M27 2007 Health Information & Wellness Centre, both locations  
616.951 MAR Mississauga Library System

*War Against Disease* (video) Ottawa: National Film Board of Canada, 2003. 52 min.

This film reveals how microbes attack the human body and how our immune systems defend it. Dr. Robert Gallo, leading immunology expert and discoverer of the HIV virus, explains why we have to continue battling microorganisms and lethal viruses, and why AIDS and SARS are not going to be the last of such difficult diseases to plague humans.

**Availability for loan:**

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616.9101 WAR Toronto Public Library System

**COMMUNITY RESOURCES**

**Peel Public Health**

Tel: 905-799-7700  
8:00 a.m. – 5:00 p.m. Monday to Friday

**Toronto Public Health**

Tel: 416-338-7600  
TTY: 416-392-0658  
8:30 a.m. – 4:30 p.m. Monday to Friday  
Email: [publichealth@toronto.ca](mailto:publichealth@toronto.ca)

**CONTACT**

**Health Information & Wellness Centres**

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Mississauga L5B 1B8  
905-848-7511

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150 Sherway Drive  
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416-521-4187

Email: [hiwc@thc.on.ca](mailto:hiwc@thc.on.ca)  
<http://www.trilliumhealthcentre.org/health>

**Mississauga Library System**  
905-615-3500 (for book locations)  
<http://www.mississauga.ca/portal/residents/library>

**Toronto Public Library**  
416-393-7131 (for book locations)  
<http://www.torontopubliclibrary.ca>

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This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.

To support the provision of health information at Trillium Health Centre, we have developed "HealthFinders" on a variety of health topics. These serve as starting points on your quest for health information, and represent just a selection of our resources. HealthFinders are also available through our web site at <http://www.trilliumhealthcentre.org/health>

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*Life. We're in it together.*

HEALTH INFORMATION  
AND WELLNESS CENTRE

HEALTHFINDER

**Infectious  
Diseases**



## INTERNET SITES

### Public Health Agency of Canada

<http://www.phac-aspc.gc.ca/id-mi/index-eng.php>

The Public Health Agency provides a full list of infectious diseases found in Canada. Click on the name of the condition to obtain fact sheets, infection control guidelines, and other information.

### Peel Public Health

<http://www.peelregion.ca/health>

### Toronto Public Health

<http://www.toronto.ca/health>

Detailed information about a large number of infectious diseases from AIDS to Influenza to Tuberculosis can be found at these two public health sites which cover our region. At both sites, click on the Health Topics A – Z list and choose the relevant disease from those listed.

### Alberta Health Services

<http://tinyurl.com/yal3puc>

This site provides concise fact sheets on a large number of communicable diseases. The sheets generally include a description of the disease, its treatment, how it is transmitted, and how to prevent it.

### Canadian Paediatric Society

<http://www.caringforkids.cps.ca/immunization/index.htm>

This excellent site has a section on immunization which provides parents and caregivers with a comprehensive guide on all types of vaccines against various infectious diseases. The site addresses safety concerns, provides an immunization schedule, and gives advice on evaluating immunization information on the Internet.

### National Institute of Allergy and Infectious Diseases

<http://www3.niaid.nih.gov>

This U.S. organization conducts and supports research to better understand, treat, and ultimately prevent infectious, immunologic, and allergic diseases. Its web site has extensive, well-presented information about a variety of infectious diseases including influenza, tuberculosis, sexually transmitted infections, and others. Click on the appropriate link in the left hand column at the home page or use the All A-Z Topics for the full selection of diseases.

### Medline Plus <http://www.medlineplus.gov>

This authoritative site has links to articles and features on infectious diseases. At the Medline homepage, click on Health Topics, the first link listed. This will take you to a page where you can select your topic from an alphabetical display – click on “I” and then follow the link for Infectious Diseases. You can also look directly under the disease name such as AIDS, C-Difficile, MRSA, Flu, Tuberculosis, etc.

## BOOKS

### Control of Communicable Diseases Manual

19<sup>th</sup> ed. edited by David L. Heymann.

Washington, DC: American Public Health Association, 2008

This is a comprehensive guide to over 140 groups of diseases worldwide. For each disease, it lists identification (symptoms), infectious agent, occurrence, reservoir (host animal or location), mode of transmission, incubation period, period of communicability, susceptibility, and methods of control.

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FG 100 H39 2008 Health Information & Wellness Centre, both locations

616.905 CON Mississauga Library System

Your Child's Best Shot 3<sup>rd</sup> edition by Ronald Gold. Ottawa: Canadian Paediatric Society, 2006

This book has become the definitive guide to childhood vaccines in Canada. It answers the most common questions about vaccination posed by concerned parents, so that they can make an informed decision about their child's health. This third edition has been thoroughly revised and updated, and includes current information about the most recently available vaccines.

#### Availability for loan:

FG 150.5 G65 2006 Health Information & Wellness Centre, both locations  
614.47083 GOL Mississauga Library System

Germ Proof Your Kids by Harley A. Rotbart. Washington, DC: ASM Press, 2008

This useful guide is an accessible, comprehensive handbook on germ defence for parents and physicians. It combines the latest scientific findings on infectious disease prevention and treatment with common sense remedies.

#### Availability for loan:

FG 100.5 R68 2008 Health Information & Wellness Centre, both locations  
613 ROT Mississauga Public Library System  
Toronto Library System

Sexually Transmitted Diseases 2<sup>nd</sup> ed. by Lisa Marr. Baltimore, MD: John Hopkins University Press, 2007

This is a comprehensive volume about avoiding, preventing, and treating all forms of STDs. It describes safer sex practices, testing protocols, symptoms, and treatment. It also includes recent medical advances in testing and vaccines.