

commercial laboratories. Organized alphabetically, it presents information on more than 1,000 commonly prescribed tests and procedures. Each entry includes a description of the test, preparation required, the procedure itself, the reference range, and what abnormal values may signify. There is also an extensive glossary of medical terms.

Availability:

FA140 S34 2002 REF Health Information & Wellness Centre, both locations
616.075 SEG Mississauga Library System
616.075 SEG Toronto Public Library System

CONTACT

Health Information & Wellness Centres

Trillium Health Centre - Mississauga

100 Queensway West
Mississauga L5B 1B8
(905) 848-7511

Trillium Health Centre - West Toronto

150 Sherway Drive
Toronto M9C 1A5
(416) 521-4187

Email: hiwc@thc.on.ca
<http://www.trilliumhealthcentre.org/health>

Mississauga Library System

(905) 615-3500 (for book locations)
<http://www.mississauga.ca/portal/residents/library>

Toronto Public Library

(416) 393-7131 (for book locations)
<http://www.torontopubliclibrary.ca>

This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.

To support the provision of health information at Trillium Health Centre, we have developed "HealthFinders" on a variety of health topics. These serve as starting points on your quest for health information, and represent just a selection of our resources. HealthFinders are also available through our web site at <http://www.trilliumhealthcentre.org/health>

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INTERNET SITES

BC HealthGuide

<http://www.bchealthguide.org/kbase/list/tests/default.htm>

The BC HealthGuide Program provides reliable health information and trustworthy advice from medically-approved sources. The site features a section where common medical and diagnostic tests are described. Each test listed includes information on the following: why it is done, how to prepare, how it is done, how it feels, risks, how results are interpreted, and any factors which may affect results.

University of California Medical Center

<http://www.ucsfhealth.org/adult/adam>

The University of California, San Francisco is a leading university that advances health worldwide by conducting advanced biomedical research, educating graduate students, and providing complex patient care. Its website includes an excellent section which provides comprehensive information on a large number of medical and diagnostic tests.

The Harvard Medical School Family Health Guide

<http://www.health.harvard.edu/fhg/diagnostics>

This is the online companion to the book of the same name and provides up to date information on all aspects of family health. It has a section on diagnostic tests which is arranged by category i.e. brain, eyes, lungs etc. It explains in straightforward language what happens when the test is done, what preparation is necessary, and whether there is anything that needs to be done after the test.

Lab Tests Online

<http://www.labtestsonline.org>

The site is the product of a collaboration of professional societies representing the laboratory community. Lab Tests Online has been designed to help patients and families better understand the many clinical lab tests that are part of routine care as well as diagnosis and treatment of a broad range of conditions and diseases. It can be searched by name of test, condition or disease, or screening category i.e. children, teens, adults etc. For each test listed comprehensive information is provided.

Canadian Health Network

<http://tinyurl.com/2w3apk>

The CHN is a national, non-profit, bilingual web-based consumer health information service, developed by Health Canada and numerous partners such as hospitals, libraries, and universities. Its site contains an article which describes what to expect when undergoing several of the more common medical tests.

Capital Health Edmonton

<http://tinyurl.com/2o7x2p>

Capital Health is one of the largest integrated health regions in Canada, and is known for groundbreaking innovations and advances in medicine. At its website it provides an excellent section on medical and diagnostic tests relating specifically to heart disease.

KidsHealth

<http://www.kidshealth.org/parent/general/sick/labtest2.html>

This useful and reliable site is owned by the Nemours Foundation Center for Children's Health Media in the United States. It contains a section on common medical tests which might be given to children or teenagers. The test is explained in straightforward language, along with explanations of why it is necessary and what the results indicate.

MedlinePlus <http://www.medlineplus.gov>

This authoritative site provides interactive health tutorials on a number of medical tests, which allow the user to follow a slide show with sounds and pictures. To access these, click on the link Interactive Health Tutorials at the top of the right hand column at the homepage, and then choose the appropriate test from those listed under the heading Tests and Diagnostic procedures. You can also search for information on other tests by clicking on Health Topics at the homepage, and then selecting L from the resulting alphabetical display and following the link for Laboratory Tests.

BOOKS

The Patient's Guide to Medical Tests: Everything You Need to Know About the Tests Your Doctor Orders 2nd ed. by Joseph C. Segen and Josie Wade. New York: Facts on File, 2002.

This comprehensive guide provides a basic understanding of the diagnostic procedures and tools used by physicians, hospitals, and