

and living with prostate disease.

Availability for loan:

GD300 BAR 2000 Health Information and Wellness Centre, both locations
 616.65 MAY Mississauga Library System
 616.65 M134 Toronto Reference Library

For further resources related to this topic, see our HealthFinder on **Men's Health**

COMMUNITY RESOURCES

Prostate Cancer Canada

145 Front Street East, Ste 306
 Toronto, ON M5A 1E3
 Tel: (416) 441-2131 OR 1-888-255-0333
 E-mail: info@prostatecancer.ca
<http://www.prostatecancer.ca>

Canadian Cancer Society – Ontario

55 St. Clair Avenue West, Ste. 500
 Toronto, ON M4V 2Y7
 Tel: 416-488-5400

Toronto Man to Man

Prostate Cancer Support Group
 Tel: 416-932-8820
 E-mail: info@mantoman.ca
<http://mantoman.ca>

Wellspring

Tel: 416-961-1928 or 1-877-499-9904
 Email: feedback@wellspring.ca
 Wellspring has several locations throughout southern Ontario.
<http://www.wellspring.ca>

CONTACT

Health Information & Wellness Centres

Trillium Health Centre - Mississauga

100 Queensway West
 Mississauga L5B 1B8
 905-848-7511

Trillium Health Centre - West Toronto

150 Sherway Drive
 Toronto M9C 1A5
 416-521-4187

Email: hiwc@thc.on.ca
<http://www.trilliumhealthcentre.org/health>

Mississauga Library System

905-615-3500 (for book locations)
<http://www.mississauga.ca/portal/residents/library>

Toronto Public Library

416-393-7131 (for book locations)
<http://www.torontopubliclibrary.ca>

This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.

To support the provision of health information at Trillium Health Centre, we have developed "HealthFinders" on a variety of health topics. These serve as starting points on your quest for health information, and represent just a selection of our resources. HealthFinders are also available through our web site at <http://www.trilliumhealthcentre.org/health>

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HEALTH INFORMATION
AND WELLNESS CENTRE

HEALTHFINDER

Prostate Cancer



INTERNET SITES

Prostate Cancer Canada

<http://www.prostatecancer.ca>

This organization was formerly known as the Prostate Cancer Research Foundation of Canada. Its website offers general information about the condition, available by clicking on the Prostate Cancer button at the homepage. There is also a link in the right hand column to the Prostate Cancer Canada Network, which lists support groups across the country and provides access to news, conference information, and other resources.

Canadian Cancer Encyclopedia – Prostate Cancer Information

<http://tinyurl.2e6ttzg>

The Canadian Cancer Encyclopedia is a comprehensive database of cancer information covering a wide range of topics including risk reduction, screening, diagnosis, treatment and supportive care. It is provided by the Canadian Cancer Society and the content is reviewed and updated regularly.

Wellspring <http://www.wellspring.ca>

Wellspring is an Ontario based network of support centres for people with cancer and their loved ones. It provides support groups and coping skills programs which aid in stress management, communication, education and access to other community resources. One-on-one counselling is also available.

Canadian Cancer Society <http://www.cancer.ca>

The CCS is a national community-based organization whose purpose is the eradication of cancer and the enhancement of the quality of life of people living with the disease. As well as

comprehensive information about prostate cancer and other types of cancers, the site provides facts on support, risk reduction and the latest research.

National Cancer Institute

<http://www.cancer.gov/cancertopics/types/prostate>

This section of the U.S. National Cancer Institute provides detailed explanations about the detection, symptoms, diagnosis and treatment of prostate cancer, along with information about possible causes and prevention.

BOOKS

The Canadian Guide to Prostate Cancer by Leah Jamnicky & Robert Nam. Mississauga: John Wiley, 2008

This is an easy-to-read guide which offers practical, sensitive and caring advice to men diagnosed with prostate cancer and their families. Topics covered include risk, screening, treatment options, and a step-by-step guide to surgery.

Availability for loan:

FE 462 J26 2008 Health Information & Wellness Centre, both locations
616.99463 JAM Mississauga Library System
616.99463 JAM Toronto Public Library System

Dr. Patrick Walsh's Guide to Surviving Prostate Cancer 2nd ed. by Patrick C. Walsh and Janet Farrar Worthington. New York: Warner Wellness, 2007

This excellent guide has now been revised and updated to include the latest treatment options. Topics covered include causes, risk factors, preventing or delaying the disease, diagnosis,

treatment options, and advice for maintaining continence and potency after treatment.

Availability for loan:

FE 462 W25 2007 Health Information & Wellness Centre, both locations
616.99463 WAL Mississauga Library System
616.99463 WAL Toronto Public Library System

What Your Doctor May Not Tell You About Prostate Cancer by Glenn Bubby. New York: Warner Books, 2005

Dr. Bubby, an oncologist, provides the latest information on prostate cancer and the full range of therapeutic options available. He explains the pros and cons of traditional surgery, radiation, and chemotherapy and how to assess new treatments.

Availability for loan:

FE 462 B82 2005 Health Information & Wellness Centre, both locations
616.99463 BUB Toronto Public Library System

Prostate Cancer: What You Need to Know – Now by American Cancer Society. Atlanta, GA: American Cancer Society, 2007

The concise yet information-packed guide provides all the basic facts about prostate cancer in a readable format. Topics covered include diagnosis, treatment options, coping, and quality of life issues.

Availability for loan:

FE 462 A63 2007 Health Information & Wellness Centres, both locations

Mayo Clinic on Prostate Health edited by David M. Barrett. Rochester, MI: Mayo Foundation for Medical Education and Research, 2000

A well-written, authoritative book which provides information about prostatic hyperplasia and prostatitis as well as prostate cancer. It is a comprehensive guide to understanding, treating