

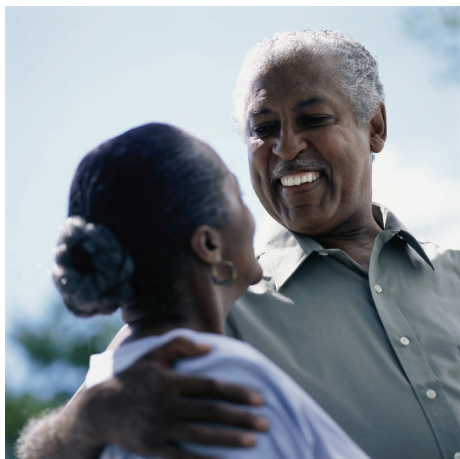
Seniors' Health Outreach

Our outreach team provides an accessible and integrated service to frail older adults within their home. A comprehensive assessment will include a cognitive, physical, functional and socio/environmental review with recommendations to improve overall quality of life.

Please fax referrals to (416) 521-4116.

Seniors' Health Internal Consult Team

An internal consultation team is available to see older adults admitted to Trillium Health Centre. A physician order is required. The team, which includes geriatricians and advanced practice nurses, will complete a comprehensive assessment, including identification of recommendations and will provide follow-up services.



Fee

Program services are covered by OHIP.



For inquiries regarding our services, please contact:

Seniors' Health Program
Phone: 416-521-4090

**Trillium Health Centre
Mississauga**
100 Queensway West
Mississauga, Ontario L5B 1B8

West Toronto
150 Sherway Drive
Toronto, Ontario, M9C 1A5
Phone: 416-521-4090
Fax: 416-521-4116



Your Health. Our Passion – for Life

Seniors' Health

Information for Referring Physicians and Healthcare Providers

- Seniors' Health Clinic
- Urgent Clinic
- Continance Clinic
- Falls Prevention and Bone Health Program
- Outreach Service
- Internal Consult Team



Seniors' Health Program

Trillium Health Centre offers a range of Seniors' Health Services, which includes:

- **Seniors' Health Clinic**
- **Urgent Clinic**
- **Falls Prevention Program**
- **Continence Clinic**
- **Outreach Services**
- **Internal Consult Team**

The aim of the Seniors' Health program is to improve the health status of older adults in our community who have complex medical issues that cannot be met within existing community services.

An interdisciplinary team that includes geriatricians, nurse practitioners, clinical nurse specialists, occupational therapists, physiotherapist, a social worker and a pharmacist provide services in a hospital setting, ambulatory clinic or in the person's home.

Services include:

- Consultation
- Assessment
- Treatment
- Education
- Follow up

Referral Criteria

Referrals from physicians to the Seniors' Health program will be accepted for persons 65 years of age or older who may be frail, have complex health needs and/or are experiencing at least one of the following:

- Geriatric syndromes, including acute confusion, cognitive impairment, incontinence (urinary or fecal), mobility issues/falls, medication management issues or functional decline
- Multiple or complex medical, functional and psychosocial issues
- Two or more hospital admissions within the past year
- Frequent Emergency Room visits
- Need for assistance with complex discharge plans

To refer an older adult to any of our Seniors' Health services please complete a physician referral form and **fax to (416) 521-4116**.

To obtain a referral form, please contact our office at (416) 521- 4090.



Seniors' Health Clinic

This outpatient clinic serves older adults who live in the community. This includes those living in retirement homes or nursing homes, as long as they are able to come to the clinic for the assessment.

Continence Clinic

Persons of all ages experiencing urinary incontinence, fecal incontinence and/or constipation are assessed by a clinical nurse specialist. A behavioural and educational approach is used to assist people experiencing these issues. Persons can also **self-refer** to this clinic by calling (416) 521-4090.

Urgent Ambulatory Clinic

Frail older persons can be seen urgently for medical/functional issues. Please indicate the urgent designation on the referral form.

Falls Prevention/ Bone Health Program

Older persons can be referred if they are at risk for falls or have had falls, can walk 25m and can learn new information. The program includes: a) an initial assessment at the Seniors' Health Clinic by a nurse practitioner and/or geriatrician and a physiotherapist; b) a two hour education and exercise session, twice a week for six weeks and c) a follow-up visit three months after program completion. A medical referral is required.