



# Caring for Your Baby



## Skin Care

### *What should my baby look like?*

- If your baby has tiny white raised dots on baby's face and nose area (also known as milia), these are due to blocked oil glands. They disappear on their own within the first few weeks of life.
- A newborn rash usually appears after birth and normally disappears on its own in 1-2 weeks with no treatment necessary.
- Your baby's head may not be completely round after birth. It becomes more round during the first few months of age.