



Warning Signs for Baby and You



Baby Warning Signs

What are warning signs that there is something wrong with my baby?

Seek Medical Assistance if:

- Your baby has a fever of 38°C (100.4°F) or higher.
- Your baby has any trouble with breathing.
- Your baby's skin appears yellow or is becoming more yellow.
- The whites of your baby's eyes are yellow.
- Your baby is not feeding well or is refusing to feed.
- Your baby is sleepy and is hard to wake-up.
- Your baby is becoming more fussy.
- You notice a foul smell or a greenish-yellow discharge coming from your baby's umbilical cord.
- Your baby has fewer wet diapers or bowel movements than expected for his or her age.

Mother Warning Signs

What are warning signs that there is something wrong with me (mom)?

Seek Medical Assistance if:

- You have a fever above 38° C (100.4° F), chills or are feeling unwell.
- Increased pain, redness or lump felt in breast(s).
- Difficulty, pain and/or burning when passing urine.
- Increased swelling or pain in stitches.
- Bleeding or discharge from vagina has a bad smell.
- Passing blood clot(s), the size of a plum or larger, from your vagina.
- Swelling, increased tenderness, bleeding/discharge leaking from abdominal incision.
- Foul smelling bleeding or discharge from your vagina.
- Swollen leg(s) that are painful, red, or warm to touch.
- Crying spells or mood swings that feel out of control.
- Thoughts of harming yourself or your baby.

*****IMPORTANT***** If you have heavy bleeding (soaking through one pad or more in an hour), go to the nearest Hospital Emergency Care Centre immediately