

During the holidays the best gift you can give is yourself.



My grandmother was a volunteer. My mother was a volunteer. I am a volunteer. I love my job at the bank and as I approach retirement in the next few years, I can't imagine not working or contributing to my community in some way. I need to decide how to spend my retirement years. Trillium Health Centre is giving me that opportunity.

I volunteer once a week for a three-hour shift in Trillium's Emergency Centre where I help support patients during their most trying times.

By giving to them, I am giving to myself.

Sandi Davis, Emergency Centre Volunteer



To Volunteer contact us at 905-848-7276
or at trilliumhealthcentre.org/volunteer

